



Youth Swimming Lesson Assistant

About the Program

Our Learn to Swim program is designed to meet the learning needs of children and adults of any skill level. This program features a smooth transition between levels, fabulous support resources and teaching tools for staff, and an emphasis on building endurance in the water.

Overview of the Opportunity

You will provide support to qualified swimming instructors on the deck and in the water. You will interact and encourage participants while helping them learn basic swimming skills such as stroke development and water safety.

Time Commitment

Minimum commitment is one session (with an option to continue longer)

- Your first shift would be the 1st class
- There are 4 sessions per year (fall, winter, spring and summer)
- Each session is typically 9 weeks in length
- During the school year lessons run weekly (weeknights and on weekends)
- During the summer lessons run either biweekly or daily
- Depending on the swim level, lesson can be 30 – 45 minutes in length

Volunteer Position Location

- Breithaupt Centre, 350 Margaret Ave
- Cameron Heights Pool, 301 Charles St. E. (located in Cameron Heights High School)
- Forest Heights Pool, 253 Fischer Hallman Rd.
- Lyle Hallman Pool, 600 Heritage Dr.
- Harry Class Pool, 45 Woodside Ave (Summer Only)

Key Responsibilities or Tasks

- Assist with delivering instructions and demonstrations
- Actively participate in program at all times
- Assist with stroke correction
- Provide high quality customer service to participants and parent/guardians
- Interact and encourage participants
- Promote water safety
- Be familiar with and follow all policies, procedures and emergency protocols
- Be a positive role model to program participants
- Seek clarification and guidance from staff when needed

Skills, Experience and/or Qualifications

- Must be able to complete our swim test (swimming 15m, taking one breath) **{see additional things you should know for more information}**
- Past experience or interest in working with children is an asset
- Desire to learn and develop new skills
- Strong communication
- Problem solving skills – understanding on what to do in a situation
- Friendly and outgoing
- Work in a team environment

- Ability to follow instructions

Age Criteria

- 12-24
- This volunteer opportunity is geared for youth volunteers only.

Benefits of the Opportunity

Volunteer

- Develop new leadership skills in a specialized area
- Have a positive impact and difference in the lives of participants
- Meet new people who share the same interest
- Make a positive impact and difference in the lives of participants
- Volunteer verification and/or reference, community service hours and resume building

Skills and experience gained

- Specific skills in swimming instructor
- Leadership
- Adaptability and flexibility
- Motivating others and coaching
- Interpersonal communication
- Team building

Preparation, Training and Orientation

Preparation (prior to your first volunteer shift)

- Read the both AODA (Accessibility for Ontarians with Disabilities Act) pamphlets
- Read and sign (parental signatures required if under 18) Volunteer Informed Consent and Photo Release forms
- Read volunteer opportunity description

Additional things you should know

- **Swimming lesson volunteers shifts will occur on the deck and in the pool. Therefore volunteers must be comfortable in both shallow and deep water**
- **A qualifications will be verified as part of our screening process**
- You are not expected to handle any difficult situation or questions that are beyond what has been describe in this role description. If a situation arises and you need assistance please ask for help from your supervisor
- We expect all of our staff and volunteers to be professional and respectful of personal information. All information acquired during your volunteer shift directly or indirectly, must be considered confidential. If you have concerns, please speak with your staff contact.
- We are committed to diversity and inclusion. Accommodations are available to support volunteers in accordance with the Human Rights Code

Screening

- ✓ Application Form
- ✓ Interview (one-on-one, group or phone)
- * The style of interview will be determined based on the number of volunteers being screened

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Volunteer opportunity description written or revised: